

# CASE STUDY

NURSING

TEMPLATE

Student's full name

Institution or course name

Instructor's name

Date of submission

## Introduction

Brief overview of what the case study covers

Importance of the topic for nursing education or practice

Purpose of writing the report

Short, anonymized introduction of the patient

Statement of the main nursing focus or problem

## Patient Description

Patient's age

Patient's gender

Allergies/Ongoing treatments

Relevant background details such as occupation, living situation, or lifestyle habits

Medical history that influences current health

## Clinical Presentation

Chief complaint

Symptoms

Setting and time of initial nursing encounter

Observable physical signs noted by the nurse

Onset, duration, and severity of each symptom



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# Patient Assessment

Methods used to collect information

Nursing observations about behavior and mood

Objective data from lab results or diagnostic tools

Subjective data from patient reports

Initial impressions based on evidence gathered

# Nursing Diagnoses / Problems

Nursing problems identified through assessment

Each problem linked to specific supporting evidence

Prioritization of problems

Rationale for selecting each diagnosis

# Nursing Care Plan

Short-term and long-term goals of care

Planned nursing interventions written clearly and separately

Expected outcomes for each intervention

Rationale behind every nursing action

References to relevant nursing theories or standards



# Implementation and Documentation

Description of care delivery step by step

Adjustments made during the process

Documentation of interventions and patient responses

Collaboration with physicians or other healthcare professionals

Challenges encountered during implementation

## Evaluation

Comparison of patient outcomes with original goals

Details on what improved or remained unchanged

Analysis of the effectiveness of nursing interventions

Recommendations for future care or continued monitoring

## Ethical Considerations

Measures taken to maintain patient confidentiality

How informed consent was handled

Professional conduct and accountability throughout care

Ethical challenges and the reasoning behind final decisions

## Reflection

Key lessons learned from the case

How the experience shaped clinical judgment

Strengths and weaknesses identified in the nurse's approach

Insights to apply in future nursing practice

